



The Westbury PSHE curriculum

At Westbury on Severn we strive to offer children a range of lessons and opportunities to develop their understanding of themselves, of others and of the community (Personal, social and Health education – PSHE). We follow the **Coram life education** scheme of **SCARF** to ensure that children have a fully comprehensive curriculum, which promotes positive behaviour, mental health, wellbeing, resilience and achievement. PSHE is covered every term in discrete sessions which have a range of activities including role-play, drama, circle time, written/drawn work. This range of activities aims to provide all children with an opportunity to fully participate and achieve.

Coverage - Units have been selected to cover all 6 areas of the **SCARF** program: Me and my relationships, rights and responsibilities, valuing differences, being my best, keeping myself safe and growing and changing, and to fully cover the statutory **Relationships and Health Education**, and the PSHE Association's Programme of Study. This is the minimum number of units covered, all staff have access to the SCARF planning and are able to add units where needed.

Selection and progression – All units have been selected from the **SCARF** suggested mixed class planning, with year group appropriate content. (Willow – YR/1, Sycamore - -Y2/3 and Oak – Y4/5/6). A greater emphasis on 'valuing difference' and 'Me and my relationships' has been given to the units to promote our key drivers of **Diversity** and **Excellence**. Units have been mapped to cover 'Me and my relationships' early in each academic year to enable children to explore their new class communities, as the year progresses units on safety, community and diversity continue the PSHE development and 'growing and changing' units are in the latter terms.

As you can see from our progression chart, we run a two year rolling programme for the classes with two year groups and a three year rolling programme for the classes with three year groups. Our Preschool class (Chestnuts) run a two year rolling programme too to avoid repetition for pupils who start earlier than the term following their third birthday.



Year A	Chestnuts (Preschool)	Willow class (YR/Y1)	Sycamore class (Y2/3)	Oak class (Y4/5/6)
Autumn 1	Marvellous me!	<ul style="list-style-type: none"> • What make me special • Why we have classroom rules 	<ul style="list-style-type: none"> • Same or different? (Y2) • Getting on with others (Y2) 	<ul style="list-style-type: none"> • Relationship cake recipe (Y5) • Helpful or unhelpful
Autumn 2	Me and my friends	<ul style="list-style-type: none"> • What's safe to go into your body? • Looking after special people 	<ul style="list-style-type: none"> • What makes us who we are? (Y2) • Should I tell? (Y2) 	<ul style="list-style-type: none"> • In the news • Solve the friendship problem (Y6) • Respecting differences (Y6)
Spring 1	People who help me and keep me safe	<ul style="list-style-type: none"> • Thinking about feelings • Same and different 	<ul style="list-style-type: none"> • You can do it! (Y2) • Let's all be happy! (Y2) 	<ul style="list-style-type: none"> • Safety in numbers • This will be your life (Y6)
Spring 2	Looking after myself	<ul style="list-style-type: none"> • Harold's wash and brush up • Unkind tease or bully? 	<ul style="list-style-type: none"> • My body needs... (Y2) • Harold's environment project (Y3) 	<ul style="list-style-type: none"> • Would you risk it? (Y5) • Kind conversations (Y5)
Summer 1	Growing and changing in nature	<ul style="list-style-type: none"> • Inside my wonderful body • Me and my body – girls and boys 	<ul style="list-style-type: none"> • Haven't you grown! (Y2) • Our friends and neighbours (Y3) 	<ul style="list-style-type: none"> • Is it true?
Summer 2	What does my body need?	<ul style="list-style-type: none"> • Super sleep • Yes I can 	<ul style="list-style-type: none"> • Getting on with your nerves! (Y3) 	<ul style="list-style-type: none"> • Don't force me • Growing up and changing bodies (Y5)



Year B	Chestnuts	Willow class	Sycamore class	Oak class
Autumn 1	I'm special	<ul style="list-style-type: none"> • Our feelings • Who can help me? • Why we have classroom rules 	<ul style="list-style-type: none"> • Being a good friend (Y2) • Some secrets should never be kept (Y2) 	<ul style="list-style-type: none"> • Friend or acquaintance (Y4) • I look great (Y6) • Democracy in Britain 1 – Elections (Y6) • Democracy in Britain 2 - How (most) laws are made (Y6)
Autumn 2	Friends and family	<ul style="list-style-type: none"> • Who are our special people? • Harold's school rules. 	<ul style="list-style-type: none"> • When I feel like erupting Y2 • I am fantastic! (Y3) 	<ul style="list-style-type: none"> • Jobs and taxes • Danger, risk or hazard? (Y4) • Play, like, share (Y5)
Spring 1	Safety indoors and outdoors	<ul style="list-style-type: none"> • Safe indoors and outdoors • My feelings 	<ul style="list-style-type: none"> • Types of bullying Y2 • Looking after our special people (Y3) 	<ul style="list-style-type: none"> • Is this normal? • Boys will be boys • Happy being me (Y5)
Spring 2	Looking after others	<ul style="list-style-type: none"> • Then and now • Good or bad touches 	<ul style="list-style-type: none"> • Safe or unsafe? (Y3) • Poorly Harold (Y3) 	<ul style="list-style-type: none"> • Being assertive (Y5)) • What makes me ME! (Y4)
Summer 1	I can keep trying	<ul style="list-style-type: none"> • Life stages – who will I be? • It's not fair! 	<ul style="list-style-type: none"> • My body, your body (Y2) • Solve the problem (Y2) 	<ul style="list-style-type: none"> • Taking notice of our feelings • Growing and changing bodies • Basic first aid (Y6)



Summer 2	Boys girls and families.	<ul style="list-style-type: none"> • Harold's money • Where do babies come from? • Keeping privates, private 	<ul style="list-style-type: none"> • Body space (Y3) • Secret or surprise? (Y3) 	<ul style="list-style-type: none"> • Changing bodies and feelings • Help I'm a teenager get me out of here!. • Making babies
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Year C	Chestnuts	Willow class	Sycamore class	Oak class
Autumn 1				<ul style="list-style-type: none"> • Let's compromise • Fake book friends • Spot bullying (Y5)
Autumn 2				<ul style="list-style-type: none"> • 5 ways to well being • Two sides to every story (Y6) • Rights, responsibilities and duties (Y5)
Spring 1				<ul style="list-style-type: none"> • Local councils • How do we make a difference?
Spring 2				<ul style="list-style-type: none"> • How are they feelings? • I look great! (Y6)
Summer 1				<ul style="list-style-type: none"> • Lend us a fiver? • Safety in numbers (Y4) • Period positive (Y4)
Summer 2				<ul style="list-style-type: none"> • Star qualities • My feelings are all over the place. (Y4)